



5378 Kings Highway, Brooklyn NY 11203
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 www.EcoMeal.com

RICOTTA

Amish Country Style

All Natural

100% Real Milk

No Hormones

No Antibiotics



Nutrition Facts

Serving Size 1 peice (30g)
 Servings Per Container Varied

Amount Per Serving	
Calories 90	Calories from Fat 70
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 4.5g	22%
Cholesterol 15mg	5%
Sodium 310mg	13%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 6g	
Vitamin A 4%	Vitamin C 0%
Calcium 10%	Iron 0%



Packaged:
 12 per case
 Weight: 15oz
 Product of USA



Ingredients: Whole Pasteurized Grade A milk,
 Salt, Enzymes